

FREE Suicide Prevention Training

**For
Newington Residents**

QPR Training

Three simple steps can save a life.
Question, Persuade, Refer.

Wednesday, December 3, 2014

(snowdate: December 4th)

6:30 p.m. to 8:00 p.m.

**Lucy Robbins Welles Library
Community Room**

Ask a Question! Save a Life!

**Join us for an informative one and a half hour training
that can give you the tools to save a life.**

Q Question the Person About Suicide.

Do they have thoughts? Plans? Don't be afraid to ask.

P Persuade the Person To Get Help.

Listen carefully. Then say, "Let me help." Or, "Come with me to find help."

R Refer for Help.

If a child or adolescent, contact any adult, or call the resource numbers provided.

Please register via email (preferred if possible) kgagliardi@newingtonct.gov

or call 860-665-8590 by Friday, November 21st

Limited class size

Sponsored by the Newington Department of Human Services